

NYFTE 2024 CRIB SHEET v1

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1. THE BELLRINGING

1. One day in October, neither drunken nor sober,
O'er Broadbury Down I was wending my way,
When I heard of some ringing, some dancing and singing.
I'll always remember that Jubilee Day.
*'Twas in Ashwater town, the bells they did sound,
They rang for a belt and a hat laced with gold.
And the men of Northlew rang so steady and true
That there never were better in Devon I hold.*

2. 'Twas misunderstood, for the men of Broadwood
Rang a peel on the tenor should never have been.
But the men of Northlew rang so steady and true,
A difficult matter to beat them I ween.
'Twas in Ashwater town....

3. Those of Broadwood being naughty, then said to our party,
We'll ring you a challenge again in a round.
We'll give you the chance in St. Stephen's by Launceston;
The prize to the winner a note of five pound.
'Twas in Callington town ...

4. So the match it went on, at good Callington,
And the bells they rang out o'er the valley below.
And the old and young people, the hale and the feeble,
They came out to hear the sweet bell music flow.
'Twas in Callington town ...

5. Those of Broadwood once more were obliged to give o'er,
They were beaten completely again in a round.
But the men of Northlew rang so steady and true;
No better than they in the West can be found.
'Twas in Ashwater town, then in Callington town ...

3. BUTTERCROSS Tune: *School for Scandal* 166bpm
Longways set for 6 couples (**2 notes** dance straight on into RH turn, **no extra music**). Generally 123 change step. Arms go up on 1 in arches.
A1 (**Up a double & back** – except 1st time) **RH turn** x2 keep hold, give L hands & face nearest end (3 up, 3 dn).
A2 **Promenade** around to L, odds stop at sides, evens continue to form heads of square set, lines of 3 facing in.
B1 Odds set in lines moving forward, **cross over**, turn to right to face back across. Evens same.
B2 **Circle** a ¼ to left scrunch in, **sweep back** lines of 3. **Evens** move forward & **spread out**, **odds** move forward & **spread out**. 4 people nearest middle (original 2's & 5's) form LH star & turn to face R to pick up RH person.
A3 **LH star promenade** ½ way arching over 1s & 6s who single file clockwise ½ way to meet in same 3s.
Circle L in 3s to put same people (2s & 5s) making RH star in centre, other 2 in different places.
A4 **RH star promenade** ½ way, & single file ½ way. Meet in same 3s. Circle L to put 3s & 4s to make RH star in centre. 2s & 5s in middle of lines of 3.
B3 **RH star promenade** 2 bars, middle 4 people move fwd 1 place during next 2 bars, middle 8 move fwd during next 2 bars, all move together final 2 bars & turn about to the right.
B4 **Triple LH star promenade** 6 bars, evens about turn (R on 7, 8) to face partners in inverted longways set, top 3 cu improper.
A5 **2 hand turn partner 2x** around. **Circle L** in 4s once. Face other couple.
B5 **Dip & dive** 6 places (those coming up arch to start) bottom 3 couples **California twirl** when reach an end to finish improper. **All 2 hand turn 1½**.
Rpt dance dip & dive 'til you get to bottom then lead off

3. CHINGFORD STICK DANCE (for 8 long sticks)

Twin Sisters
Generally clash with partner on 1st beat and dance back 2 steps into each figure. Double steps throughout, 2 stamps at end. Sticks held upright when not in use.

8 bar intro – wait for 4

Figures:

A Rounds: point stick towards centre (Fencing chorus)

A Three tops: Dolphin hey, middle person going left leads partner tight around own left hand neighbour, allows follower to overtake on inside, then overtake them on 2nd bend to lead to own places. (Tips & Butts)

A Cross over: leap and clash on cross back (Sparring chorus – left hand down)

A Upton Hey on sides: face neighbour 1s & 3s move in. Turn in at top, turn out at bottom (Fencing)

A Rounds & off (2 leads off) large circle.

B music Chorus: Tips & butts (8 clashes) then 1 with partner before dancing around on spot 2 stamps. Rpt. Ditto Fencing (windmills – exaggerate arm movements) & Sparring (left hand down). Penultimate chorus less strong, last chorus hit floor 2x on stamp stamp, dance around very fast and act aggressively.

Dance off, complete remainder of tune ABB

4. MASSED CLOG – Lancashire Hornpipe

Minstrel's Fancy (AABB x2)

1. First Lancs (L)	5. Swannies (R)
2. Scotch (R)	6. Double cross & crunch (L)
3. Scutch (L)	7. Lazys (R)
4. Cross the buckle (L)	8. First lancs rotated (L)

5. **CLOG** – MIXED SCHOTTISCHE CLOG SET

Narcissa & Primula Steps as taught by Vicky

6. **COTSWOLD TUNE SET**

See tunebook

7. **COUNTRY LIFE**

I like to rise when the sun she rises,

Early in the morning

I like to hear them small birds singing,

Merrily upon the layland,

And hurrah for the life of a country boy,

And to ramble in the new mown hay

In Spring we sow, at the harvest mow,
And that's how the seasons round they go,
But of all the times if choose I may
I'll go rambling in the new mown hay
For I like to rise....

In Winter when the skies are grey
We hedge and we ditch our time away
But in summer when the sun shines gay
We'll go rambling in the new mown hay
For I like to rise....
For I like to rise.... (pause before "early")

8. **CROWN & SAUSAGE** Tunes: *Tom Hark 3x(CABB)CAB, Gloucestershire Hornpipe (AB)x?*

CA4 **dance on** in line, forward 3 steps turn R on 4;

forward 3 steps turn L on 4; forward 3 steps front 2 turn L on 4, back 2 turn R on 4; 4 steps to middle of stage.

B1 **Spiral**. Middles link; body hold partner turn for 8 steps; break in middle and pivot other way 8 steps. Break face up & down.

B2 **Interlocking squares**. Pass right and strike, 3 steps turn to next on 4. Rpt 4 times total. Face up & down.

C **Chorus** strike F B FFF; turn to next strike B F BBB; Rpt all. (Neighbour, partner, neighbour, partner).

A **Progression**: face across dosido right, body swing left. New couple swing on.

BB **Reel of 6** all the way. Strike when passing rt. At ends of line turn R but move to left & pause before rejoining.

C **Pass & turn right**. All face partner, clash & pass by right 2 steps, turn to right 2 steps, turn back to left 2 steps, 2 steps to partners place. Rpt to original place.

A **Chorus** strike with partner F B FBF; B F BFB; Rpt.

B **Progression**: all dosido right, body swing left. Ends stay in place. Middles swing out, new couple swing on to make square set. 8 people,

BC **Star**: all left arm turn 1 ½ with partner. Original outsides star right with sticks ½ way, whilst others dance (anticlockwise) ½ way around outside. Rpt all above 4x in total. (Different people in middle each time). Finish with middles on inside facing partner in star.

A **Chorus** strike with partner.
Low backhand follow through high forehead.
Low backhand x3. Follow through.
High forehead follow through low backhand.
High forehead x3.
Rpt all above.

B **Progression**: all dosido right, body swing left. 2 couples swing on (diagonally opposite) to join ends of lines of 6. 12 people.

(Change to Gloucestershire Hornpipe)

AB **Lines of 6** cross right shoulder, striking.

Pivot turn into lines across (split into 3's to pivot).

Lines cross right shoulder & strike; pivot turn into lines up & down. Rpt all above.

[2 steps to cross, 2 on spot, 4 to drop back].

A.. **Progression**: all dosido right & swing into large circle facing partner. (Any extras swing on – evenly spread).

Crown: all face partner, grand chain (no hands).

Strike when passing R shoulders, not when passing L.

Exaggerate changes in direction.

Stop at 4th person **you clash with**

Chorus strike with 'partner'

Low backhand follow through

High forehead, follow through,

Low backhand x3. All turn to right to face neighbour.

High backhand follow through

Low forehead, follow through

High backhand x3. All turn right to face partner. Rpt all.

Finish: pass R clashing, turn R, go out or into centre.

Turn L 2 steps & 2 steps to return to partners place.

Clash, pass R, turn R go in or out & make crown of sticks in centre or stand arms up on outside. Hold it for count of 4. Outer circle go clockwise, inner circle cast L & single file into arc to take applause.

4 beats. Front of arc to centre & dance in turn up centre to back, separate at back.

9. **GARLAND FOR LUCY** Sarah Rudd. Tune: *Gilderoy*

Double step, Longways sets for 8 people

Start in 2 lines of 4 facing in from opposite ends, alternating dragons/snakes (each line led by a dragon).

Dance on into longways set facing up & down

Cross over with partner, turn 180° L shldr back. Cross back, snakes turn L shldr back to face dragon behind (dosido ptrnr).

Back to back 3/4s R shldr changing set to across instead of up & down, people facing out turn once and a half L shldr back to face in,

Cross over set (all turning easy way to have R shldr in at start), turn 180° L shldr back. Cross back, turn L shldr back to face dosido ptrnr.

Back to back 3/4s R shldr changing set to across instead of up & down, people facing out turn once and a half L shldr back to face in,

Circular hey started by head couple (nearest to audience) who pass R shldr with each other first, rest of set face up til heads reach them. When back to place form square set.

Stars - dragons pass snakes into centre and cast out turning L shoulder back 360° on spot, snakes form R hand star and turn it once, dragons pick up their snakes and bring them round in small circle to reform square set. Repeat with snakes passing in dragons into centre and cast out turning R shldr back 360° on spot, dragons form L hand star and turn it once, snakes pick up their dragons and bring them round to reform square set.

Squares – heads dance forward to meet in centre to form small square while sides turn to face partner then back away from each other to form large square.

Heads turn to face partner & link up with person now next to them while sides turn to face across the set.

Heads dance back to where sides started, sides dance forwards to meet where heads started remaining facing.

Repeat, starting with new heads turning to face centre and new sides facing each other. By end, should be in original square set positions.

Star and off - dragons pass snakes into centre and cast out turning L shldr back to dance twice round whole set, snakes form R hand star and turn it twice. When dragons meet their snakes for second time, ½ L hand turn and the dragons, now in the centre, let go & turn the short way to form a double L star, link inside hand with ptrnr and dance forward to turn star. With the music, the original head couples (same ones who led the hey) break away from star and lead off, followed by second then third couple. Final couple stop and curtsey as the music stops. Music restarts faster and final couple run off after rest of set.

10. HAL AN TOW

1. Take no scorn to wear the horn,
It was the crest when you was born
Your father's father wore it
And your father wore it too

*Hal-an-tow *, jolly rumble O *,
We were up * long before the day O
To welcome in the summer **, to welcome in the May O **
For ☉summer is a-coming in and winter's gone away O!*

2. Robin Hood and Little John
They both went to the fair O
And we shall to the merry green wood
To hunt the buck and hare O

3. What happened to the Spaniards
That made so brave a boast O?
Oh they shall eat the feathered goose
And we shall eat the roast O

4. And as for our good knight St. George
St. George he was a knight O
Of all the knights in Christendom
St. George he is the right O

5. God bless Aunt Mary Moses
And all her power and might O
And send us peace to England
Send peace by day and night O

FIELDTOWN STICK (NB F=forehand, B=backhand, cnr=corner)

Hop backs, ftj (on "And winter's gone away o!" of 1st chorus)
Foot up & down 1 dbl step forwards on outside foot, 1 dbl step on spot, galley out to face down, ftj & clash, repeat facing down (still on outside foot) turning to face in on galley, ftj & clash

Chorus 1 face partner and dib butts of sticks on ground sequentially as pairs (1&2, then 3&4, then 5&6) then all clash F with partner, rpt but starting with 5&6, rpt (1&2), rpt (5&6)
Diagonal sticking: F ptrn, B 1st cnr (1&4 and 3&6 while 2&5 strike air), F ptrn, F 2nd cnr (2&3 and 4&5 while 1&6 strike air), B F ptrn, rpt diagonal sticking, half hey to opposite end of set, ftj & clash.

Side by side dbl step R passing R shldr to ptrn's place, dbl step L on spot, 2 hop backs to place, ftj & clash, rpt (L shldr L foot)

Chorus 1 as above

Back to Back dbl step R passing R shldr into ptrns place, dbl step L crossing L foot in front of R to travel R, 2 hop backs into place, ftj & clash, rpt (L shldr L foot)

Chorus 2 face ptrn and clash FBFF, 1&2 step forward (on R foot) into single line with 1/4 turn to face (1 facing down, 2 facing up) with F clash, 3&4 same, then 5&6 (now all forming single line), all clash F with partner. In line position, clash FBFF. 1&2 step forward (on R foot) into partners place with 1/4 turn to face with F clash, 3&4 same, then 5&6, all clash

Diagonal sticking as in chorus 1, half hey, ftj & clash.

Rounds turn easy way & one dbl step R round set clockwise expanding circle, second dbl step contracting circle and curving to face in, hop backs out, ftj turning three-quarters to face back other way round circle on jump (twirl stick over head), rpt to place reforming set on hop backs and ftj & clash

Chorus 2 as above, finishing half hey with 4 capers and face up with sticks raised and touching partner's stick.

STAY IN THAT POSITION FOR FINAL SUNG CHORUS

SOCIAL DANCE (Longways duple minor)

Verse: 2's arch up over 1s, then reverse back into place under 1s arching (both couples move). Repeat. Circle left, circle right

Chorus: Petronella 2 turns (in, out loop in and turn round R shoulder round to next place) with 2 fast claps, rpt
Half R & L through (ptrn then corner), 2 claps to fit song
2 hand turn ptrn, 2 claps to fit song, take inside hands, set L & R then change places with 1's arching down over 2's.

CHOREOGRAPHY

Drum (rhythm below X2 for intro):



Vs1: all stand arranged as choir with morris in 2 lines outside singers, social dancers outside morris.

Ch1: Morris set walk forward stopping to strike floor with butts of sticks on *

Vs2: Morris only

Ch2: At ☉, 4 social dancers on each side dance into position

Vs3: Morris & social for 4 on each side

Ch3: additional 4 dancers join on each side (as ch2) with front pair dancing round the outside of the existing dance to join from audience end.

Vs4: Morris & social dance for 8 on each side

Ch4: at end, original 4 social dancers progress out of the dance and rejoin the choir

Vs5: Morris & social for 4 on each side

Ch5: at end, social dancers rejoin choir

Ch6: final chorus sung by all, no sticking

11. HEYSHAM PACE EGGING

Here's one two three jolly lads all in one mind

We are come a-pace-egging and I hope you'll prove kind

And I hope you'll prove kind with your eggs and strong beer

For we'll come no more nigh you until the next year

1. And the first that comes in is Lord Nelson you'll see
With a bunch of blue ribbons tied round by his knee
And a star on his breast that like silver doth shine
And I hope he remembers it's pace-egging time.

2. And the next that comes in it is Lord Collingwood
And he fought with Lord Nelson till he shed his blood
And he's come from the sea old England to view
And he's come a-pace-egging with all of his crew

3. And the next that comes in is old Bessie Brownbags
For fear of her money she wears her old rags
She's gold and she's silver all laid up in store
And she's come a-pace-egging in hopes to get more

4. And the last that comes in is Old Tossopot you'll see
He's a valiant old fellow in every degree
He's a valiant old man and he wears a pigtail
And all his delight is a-drinking mulled ale

5. Come ladies and gentlemen sitting by the fire
Put your hands in your pockets and give us our desire
Put your hands in your pockets and treat us all right
If you give nowt, we'll take nowt, farewell and good night

RPT chorus to finish

12. IDBURY HILL

Katrina & Sophia's Jig

13. JACOB'S LADDER PROCESSIONAL

Melanie Barber for Silkstone Greens. (Rogues March/Lord Frog - A intro then ABB, ABB to suit length of procession)

Single step left foot start – knees up. Generally 4 March steps (sticks down horizontally), 4 Skip steps (sticks up at head level horizontal not pointing in or out, 90° angles at elbows). Sticks are up by 1 & down sharply on next 1.

Chorus sticks start down, 4 Marches, 4 Skips x2

MOVING FIGURES

Cross (leaders sign = hold sticks out to side then swing them up and across so that forearms end up crossed). 4 marches (forwards/on spot as required)

1,2,5,6 march for 4 whilst 3,4,7,8 skip to form line up and down middle of set = 3 in front of 4, 7 in front of 8 = diamond shape.

4 marches

1,2,5,6 march for 4 whilst 3,4,7,8 skip to opposite side, 4 in front of 1, 3 in front of 2 etc.

4 marches

3,4,7,8 march whilst 1,2,5,6 do as above to diamond, then in front. (everyone is now crossed over). REPEAT to places.

Slab (leaders sign = sticks together vertically above head) 4 marches (forwards/on spot as required) everyone.

1,2,5,6 march for 4 whilst 3,4,7,8 skip out then up to form lines of 4 across.

4 marches

1,2,5,6 march for 4 whilst 3,4,7,8 skip forwards and into place in front (3 in front of 1, 4 in front of 2 etc).

REPEAT to places 1,2,5,6 moving then REPEAT ALL.

Snake (leaders sign = draw big S starting above head) 4 marches

All skip diagonally into a long line in centre of set in number order. Counting in 8s everyone march except back person (8,12,16,20,24) who skips out to left on 1, up one place and back into line on 4 facing right, out to right on 5, up one place and back into line on 8 facing left – they continue to top of set and on next count (1 or 5) faces up, bringing sticks down and joins in marching. Next back dancer starts on 2nd count 1 and is in line on 4 and 8. Everyone join in turn from back. To finish leader puts arms out to side and shouts 'this time' on 2nd half of music phrase – then everyone 4 marches in line and 4 skips diagonally out to place.

STATIC FIGURES

Star (leaders sign = sticks crossed in middle at right angles above head) Working in groups of 4.

4 march steps towards centre (3 in, 1 to turn to face clockwise, sticks up on 4).

Form right hand star, 4 skip steps to turn star ½ way

4 march steps turning outwards on spot to form left hand star.

4 skip steps to turn star and dance out to place.

Squares (leaders sign = draw a big square)

4 marches to turn (if required) to face next position in square (turn ¼ each step then on spot). 4 skips to next place.

4 marches to turn through ¼. Continue to places – on final 4th skip turn shortest way to face up (2&6 left, 3,4,7&8 right).

14. JANE'S DANCE

in the style of Martha Rhoden's Tuppenny Dish by Jane Lindsey/NYFTE (2003). Tune: *French Detective (R Payne)* No. set in a circle 1-6 anticlockwise, ptrns are 1&2, 3&4, 5&6. Walk on. Left foot start. Skip, skip, 123. Hands opposite to feet, flick up on 1&2 keep low on 123. Whole dance is in a CIRCLE.

Intro: **A** Once to yourself.

AA Chorus: All turn out to dance into a big circle, 2 steps around; then 1&4 lead lines of 3 straight up & down (1 down, 4 up) for 1 step.

1 step turning to the R into a line of 6 facing the other line.

Reel of 6 for 2 steps (don't crowd it) until lines are clear; 3&6 lead their lines around to left to places 2 steps.

BB Back to back: Back to back ptrns R & L shoulders. R & L arm turns with same person. Flick free hand – flick, flick 123.

BB Star: R hand star 3 steps, turn out 1 step – wide. L hand star 3 steps, drop back into place. Lean out slightly in stars. Flicks.

BB Grand Chain: Pass partner R shoulder, L arm turn next; continue around ring; finish arming R with partner x2.

Final Chorus: finish hands up. **2 notes** dance off.

15. LACTODORUM

Music: Dusty Miller A(AB)B
Chorus 0&1, 3&4, 5&6, 2 mark time
0&2, 3&4, 5&6, 1 mark time
0&4, 3&2, 6&1, 5 mark time
0&5, 3&2, 6&1, 4 mark time

Hey and swing 1 & 2, 4 & 5 R arm swing, then L arm swing. 0, 3, 6 hey (0 starts)

Circle All dance clockwise round set to opposite position 1 to 4, 2 to 5, 3 to 6, 4 to 1, 5 to 2, 6 to 3. Turn clockwise on spot with stick waved above head. All dance anticlockwise round set to opposite position 1 to 4, 2 to 5, 3 to 6, 4 to 1, 5 to 2, 6 to 3. Turn anticlockwise on spot with stick waved above head.

Whoosh All dance directly across the set through opposite position passing 0 by R shldr on 2nd step (1 to 4, 2 to 5, 3 to 6, 4 to 1, 5 to 2, 6 to 3). Overshoot the position but then R to get back to position & turn clockwise on spot with stick waved above head. Repeat back to place

Shift All face up except 1 & 2 who face down. 1 & 2 dance down between 6 & 0 and 0 & 3 respectively to form a line with 5 & 4. As they dance past them, 3 & 0 & 6 turn to face down. 3 & 0 & 6 dance through line of 2 & 4 & 5 & 1. As they dance through, 4 & 5 turn to face down.

1 & 2 dance down between 6 & 0 and 0 & 3 to complete the inversion of the set. All turn on the spot waving stick above head.

Repeat moves to turn set back to original positions & stop dead

Dance off music restarts, dance as if doing shift again, but 3 & 0 & 6 form single line with the rest, turn and dance towards audience, lead off from centre

16. LASS OF RICHMOND HILL

Raglan.

Music: A.ABC.ABC.AB slow C. AABC
During once to yourself (A music) lead on 135,642 clockwise. 2 half capers (HC) to start at end of lead on. General figures (A music): 4 triple steps (single step + dbl step) 2 HC. Hands high, face across to start. On spot/turn on single, surge on dbl, no surge on rounds.

Rounds – turn shortest way, 4 double steps, 2 HC.

Chorus (BC) Each pair in turn - open ss R&L; 2HC. 3rd pair (1st time) open ss up outside, rest into middle & wind down.

½ **Gyp** – 1 dbl step forwards R sh, 1 back, rpt L sh, 2HC.
Chorus - half capers.

Cross Over 1st double step evens turn down, odds up, dance ½ right shoulder turn with partner. 2nd double step turning ½ left (evens facing down, odds up), 3rd double step turning ½ left to be shoulder to shoulder in middle. 4th double step to place 2HC.

Chorus - slow hook

Raglan Hey (double length 4 triple steps 2 HC x2) change on right diagonal, left diagonal, right diagonal, on the spot, 2HC to cross with partner. Rpt to place.

Chorus - fast leap (star jumps)

17. LEAVING OF LIVERPOOL Tunes: *The Howlet and the Weazle x 2, The New Rigged Ship x 2 with extra AB.* Longways for 3 cu. Step is skippy set (i.e. 123-) always starting on R foot. Number the sets 1-6 (like morris set) in dance on positions
Intro: 4 canon beats then 1 x A music

Dance on A: line up in sets, 5&6 dance on into top positions & single hand arch (4 bars), 3&4 dance on through arch into middle positions & arch (4 bars), 1&2 dance on through tunnel, (8 bars)

BB: all turn and hold hands in lines of 3 facing across. (4 bars)

Lines dip & dive 2 positions across the stage to form new sets w/ odd lines arching first, 2s & 4s through arches, 6 across the top. When you reach the outside, turn single on spot. Second change A135 duck under B246 (A1&3 dip, A5 across the top as before) to form new sets.

A1: Lines forward & back, middles gatepost up round tops

A2: Rpt (gatepost down the second time)

B1: All circle L 4 steps then R 4 steps (lead on R foot, turn R hip in on first step of L circle, stay open on first step of R)

B2: Tops pass R shoulders & cross set, down behind middles (who dance 2 on spot then move up & start swinging), pass R shoulders & cross set again, down behind bottoms (who move dance 4 on spot then up & start swinging), into bottom place then all swing to end of music RPT 3 times then **AB:** swing off starting with tops

18. LONGSWORD (in the style of Handsworth)

Line up 1,6,5,4,3,2 Right foot start

Napoleon's March

A Bars 1-4: Intro Bars 5-8: March into line at side of stage

Bars 9-16: March on/round in anticlockwise circle then stop (Short pause)

A Bars 7-8: Intro

B Bars 1-4: March round anticlockwise turn on last 2 steps into smaller clockwise circle raising swords high basket

B Bars 5-8: Clash (march & clash, 16 clashes)

C Bars 1-4: Slip link up, 16 slips to left

C Bars 5-16: Snake over own sword (left right over over, each in turn 123456 finishing phrase on 2 right stamps to change feet), over neighbour's sword (as before but right left over over, 165432 finishing on 2 left stamps)

Three Jolly Six Bar Sheepskins (24 bars)

A: Run Around (6 bars clockwise)

BBABBA: Double Under (6 bars per pair; 1&2 under 4&5; Rpt 2&3 under 5&6 etc.)

B: Run Around (6 bars clockwise)

Cock of the North (32 bars)

AABBAA: Posts (8 bars per post; 1 is post, arches with 2 and is pushed clockwise through arch by 6, then leads set through arch between 2&3; Rpt with 2 as the post etc.)

B: Run Around (8 bars clockwise)

Handsworth 6 bars (24 bars)

AABBAAB: Fast Single Up (6 bars scrunch circle anticlockwise; 1 turns out and goes clockwise round set to place in 6 steps; Rpt 23456)

B: Run Around (6 bars clockwise)

Keel Row (32 bars)

A: Link run around once clockwise (8 bars); 1&6 of tall set double over starting at outer edge over both sets finishing with short set facing in on inside and tall set facing out on outside (8 bars)

A: Skip (8 bars)

BB: Lock No 1 of tall set chooses the lock for lift

AABB as required: Display short set roll the lock from no. 1 along line and then to raised shortest dancer, lower back down, all into line with locks at the ends.

Bobby Shaftoe **AB March off** with short set no. 1 leading.

19. THE NEW COLLABORATION

The Hungry Army Tune: Lemmie Brazil's No.1 (ABB)x4 BB 66bpm
Sets of 12, single step, R foot start, same arm as leg (both at 90°) arms pull down. 2 bar intro

A: Dance on Cascade pairs on from alternating sides of the set, bottom cu first. Each cu has 4 steps to get to place (but not turn round) and stop. Next cu starts 2 steps after previous. Final 2 steps, all 2 stamps to finish facing across.

BB: Double diamonds in 4s, face across set, dance R shldr diamond with opposite, then a R shldr diamond with the person on the side. Repeat L shldr.

V1: Cross Over cross R, turn R, single file 3 places c/w, turn in. Rpt to places

Ch&B: Upton-ish hey (Cascading hey): All face up. Pairs start stepping every 2 steps. Top cu cast in 2 steps and start a hey, 2 steps for each pass. Top cu stop stepping when they reach the top, etc.

V2: Cross over

Ch&B: Circle & star In 2 groups of 3 couples. 2 steps to make a circle (most people on the spot, middles drop back a bit), 2 steps to cross L shoulder, 4 steps turn single to the right 1 and a bit times so that middles are facing the nearest end and everyone else faces the right way to make a 3-person star with them. Take hold of the star (1 step), punch (1 step) and turn the star round once (5 steps). Drop back to circle (1 step). Repeat.

V3: Cross over

Ch: Chain Start with ends facing across and sides facing another side person. Chain halfway (to invert the set) with 2 steps for each change (1 step to pull by R, one on the spot to take R hand with the next person). This leaves 4 stamp steps at the end to face out and "ho".

Ch: Dance off - probably head for the nearest exit but could include any features of the original dance that weren't in the current version.

20. PARSON'S FAREWELL

1st set walk on sedately. Couple facing couple R foot start, (IH=inside hands, ptrn=partner, opst=opposite, crnr=corner)

1st part (aka the easy one):

A: Take IH with ptrn and walk in 4 steps, slip L 4 steps, walk backwards 4 steps, slip R 4 steps

B: Odds rise/jump and nod, evens rise/jump and nod, everyone 4 very quick rises and nods in succession, going opst/crn/ptrn/opst, 2 hand turn opst n times round.

B: Rpt w/ evens nodding first.

2nd part (aka the clappy and turny one):

A: Take IH with ptrn and walk 4 steps in, turn away from ptrn, take IH w/ opst & walk 4 steps away

Turn alone, take IH with opst & walk 4 steps back to ptrn, turn to face opst, IH with ptrn & walk 4 steps back

B: Odds take LHs and do half LH turn, clapping RH with each other, while the evens cast out over their R shoulder, ready for all RH turn opst once around

Odds take LHs and do a half LH turn back, clapping RH, while the evens let momentum keep them going round, ready for RH turn your ptrn once around

B: Rpt reversed (evens leading RH to start etc)

NOTE: same amount of music to do the half hand turn in the middle as the whole hand turn on the ends

3rd part (aka good luck):

A: Take 2 hands with ptrn and gallop towards other cu
Take 2 hands with opst and gallop away. Gallop opst back in. Take RH with ptrn and walk back 4 steps to place

B: RH turn your ptrn once around. Odds cross in the middle, passing R shoulders, into the other's place, and FACE YOUR PTRN. Starting with ptrn, do 2 changes of a R & L through. 2 hand turn ptrn half way round, AND IMMEDIATELY TAKE LEFT HANDS WITH YOUR PARTNER (set should have rotated 90° at this point)

B: Rpt reversed (LH turn partner etc)

Repeat whole dance quicker/wilder with extra sets, honour ptrn on final chord, front couples California twirl to face audience & all bow, music restarts, sedate lead off.

21. PORTLAND HILL North West by John Earnshaw

Tunes: *The Balquhiddier Lasses* ABB 8 person longways sets

Start outside foot. Hands – Alternate (LH up & RH down, then RH up and LH down alternating on each polka step. Up arm is same side as crossing leg for polkas), Out (Both arms out, candle sticks), Up (Both arms up, sticks at head height parallel to floor and shaken)

Foot Up Walk 3 steps forward OS foot start, hop (OS foot) & hitch (IS foot) on 4th. Walk 3 steps back, hop (IS) & hitch (OS) on 4th. Polka 4 steps on spot, alternate hands.

Stars Polkas 1&2 – move to RH star (+), alternate hands.

3-6 – RH in to form on 3 & turn star, OS hands up

7 – on spot facing up, hands down (still in + formation)

8&9 – on spot facing up, hands up

10 – form L hand star

11-14 – turn L hand star all the way, OS hands up

15&16 – out to place, alternate hands

Corners working in groups of 4 at ends of set.

Polkas 1&2 – 1st corners meet R shoulders to form diagonal line meeting L shoulders w/ 2nd corners, alternate hands

3&4 – turn half way by L, both hands out (candle sticks)

5&6 – 2nd corners (now in middle) out to place they're facing, others turn on spot to face up, alternate hands

7&8 – all dance 1 place anticlockwise, both hands up, dancing sideways (facing up)

9-16 rpt to place

New Squares 2 polkas to go 1 place clockwise round squares at each end of set (all turn on 1st step, alternate hands), then 2 polkas to move 1 place clockwise round the set (all turn on 1st step, both hands up).

1,4,5,8 do little squares, 2,3,6,7 do round the big rectangle

Line Polkas 1&2 – sideways into line down centre all facing up, odds in front of evens, alternate hands.

3&4 – on the spot, both hands up

Walk 4 steps (bars 5&6) to change places with ptrn, moving out in arc on own side, hands down

Polkas 7-10 – on the spot alternate hands

Walk 4 steps (bars 11&12) to change back with ptrn, reversing previous move, hands down

13&14 – on the spot, both hands up

15&16 – sideways to place, alternate hands

Diamond

Polkas 1&2 form diamond, alternate hands (1 at top point, 8 at bottom point, 4 & 5 make sideways points)

3&4 on spot both hands up

5-8 top three and bottom three change places front to back (bottoms aim left of tops) all facing up, dancers at sides (4&5) polka on spot. Alternate hands.

9-12 three from each side change places (left side go in front of right), tops and bottoms (1&8) polka on the spot

13-16 Front & back change,

17-20 Sides change

21&22 all on spot, both hands

23&24 all back to places alternate hands

Final Figure Polkas 1&2 into line down centre all facing up, odds in front of evens, alternate hands

3&4 ¼ turn to link up in 4s with cus facing alternate directions – 1st cu turning L, 2nd R, 3rd L, 4th R, hands up on ends of lines

5&6 in lines of 4, turn 90° (all dancing forwards)

7&8 bend each line in centre to link them and form star

9-16 turn star all the way, linked (candlesticks touching knuckles)

17&18 on the spot facing up hands down

19&20 form single line all facing up centered on numbers 2 & 3. 5&6 move forward & outside into line, 1&4 drop back and out slightly, 7&8 drop forward onto outside at end of lines. Hands down.

21-24 on spot, alternating hands

25-31 foot up in single line, hands up throughout

32 polka turning to face in (left 4 turn L, right 4 turn R)

Dance off Polkas 1&2 on the spot, hands up, captain turn down then move, others dance 1 space in

3&4 numbers 2 & 3 turn down shoulder to shoulder then move, others dance in 1 space

5&6 next 2 turn down then move, others dance in Rpt until all dancing off. NB captain is at the front and shouldn't go too fast so that set stays together.

22. PRINCESS ROYAL

Ed & Bella jig

23. CALLING ON SONG / RAPPER

Good People give ear to our story
We have come for to see you by chance,
Five stars we have happy and jolly,
Intending to show you a dance.

For England is where we all come from,
The place we were all born and bred,
There are no finer youths in the nation,
And none are more gallantly led.

The team is usually perfect,
But we do have occasional slips,
That is where we lose all of our fingers,
And go on our hospital trips.

The team as a whole are quite brilliant,
To NYFTE we all do belong,
The National Youth Folk Troupe of England,
And this is our calling on song.

Rapper figures:

Start	Basket	Cowpong	Low Lock & Spin
Clash	Breast Plate	High Lock	Nut
Madbusters	4 corner	Toast rack	Lock
Mary Ann	Flying Pixies	Fast & loose	Ending

DETR dance has extra bits

24. SOUTH AUSTRALIA

1. In South Australia I was born,
Heave away, Haul away
In South Australia round Cape Horn
We're bound for South Australia

Chorus: *Heave away you rolling kings
Heave away, haul away,
All the way you'll hear me sing
We're bound for South Australia*

2. As I walked out one morning fair,
It's there I met Miss Nancy Blair.
3. I shook her up, I shook her down,
I shook her round and round the town.
4. There ain't but one thing grieves my mind,
It's leaving Nancy Blair behind.
5. And as you wallop round Cape Horn,
You'll wish to Christ you'd never been born.

25. STAVE *Over the Hills* (tune and song)

4 bar intro on pipe & tabor, **1 set of 12**

[L foot start, DS=double steps 123 hop 123 hop]

Vs 1 & Ch1: start playing/singing off stage, then lead musician & singers walk on, while dancers line up centre stage, last 4 bars dance forward in two lines

A: Step Back Chorus [as sets of 3 cu] - In lines, 2 DS forward, step behind x 4 moving backwards

All turn up + cast in 3s from top [and bottom] to invert the mini set, face partner

B: Into Line [as set of 6 couples]

Line 1 'Guardians' on ends (1+6) others (2+3, 4+5) cross staves. Line 2 all cross staves (1+2, 3+4, 5+6). All dance forward 2 DS, dance back 2 DS.

Swap roles & repeat

Vs 2: Circle Chorus [as sets of 6 couples]

Top and bottom couples cast out and change ends Middle 4 face out [3s up, 4s down] and cross over between 2's and 5s, corner 4 (2s and 5s) dance to middle, (L sh in) circle halfway

3s and 4s turn out on the ends, 2s and 5s face out [2s down, 5s up] and cross over between 4s and 3s

3's and 4's dance to middle, (L sh in) circle halfway

All dance into place - set inverted.

Ch 2: Up + Down & Swing [as set of 12 couples]

Line 1 look up, line 2 look down. 2 steps up [one moving, one on the spot] turn out on the 2nd hop, 2 steps back, L elbow swing [turn to swap places on 1st step, one on the spot, turn to swap places, break]

Vs 3: Step Back Chorus [as before]

Ch 3: Star & Rounds [as set of 12 couples]

Middle 2 couples point staves as R hand star, others dance round them the opposite way

L hand star back, others dance the other way home

Vs 4: Circle Chorus [as before]

Ch 4: All arch – standing still and singing.

Ch 5 rpt: Lead off Singers walk under and lead off

A (& B if rqd) Dance off in 2 lines

Song lyrics – see top of next column:

v1: Here's forty shillings on the drum,
For those who volunteer to come,
To 'list and enter into pay,
Over the hills and far away.

Ch: *O'er the hills and o'er the main,
Through Flanders, Portugal and Spain.
King George commands and we obey,
Over the hills and far away.*

v2: Tom, he was the piper's son,
He learnt to play when he was young,
The only tune that he could play,
Was 'Over the Hills and Far Away',

v3: Now Tom did play with such a skill
That those nearby could not stand still
And all who heard him they did dance
Down through England, Spain and France

v4: We'll dance with staves to pipe and drum
With colours blazing like the sun
Along the road to come what may
Over the hills and far away.

26. BONNY KATE, JIMMY CLOCK

Introduction from single 2nd violin joined by single 1st violin plus viola.

27. WEEDING PADDLE 1 bar intro

(An Bal Whenny - Cock in the Britches) Cornish

1. When the seagull comes on land,
take the seedlip in your hand
Sow one for the rook, one for the crow,
one to rot and one to grow
If that old crow eats more than his share,
rake the stack, he won't be there
*The weeds must go, the corn to grow,
so keep the paddle going,
Keep the paddle going, keep the paddle going,
The weeds must go, the corn to grow,
so keep the paddle going.*
2. Take the zwy and swing it high!
Take the zwy and swing it high!
If you can wet the zwy yourself,
take the zwy and swing it,
If you can't wet the zwy yourself,
I will wet it for you
*Swing it high and swing it low
and we'll be there before you. etc.*
3. The corn it is for we to keep,
up on high we'll toss the sheet
The wind will blow the dust away,
so say goodbye to Gertie Grey
The white bread, the sweet milk,
if you don't come I'll break the hilt
*We'll thrash away, we'll thrash away,
so keep the threshall going. etc.*

Rpt refrain but end - *'til we again start sowing.*